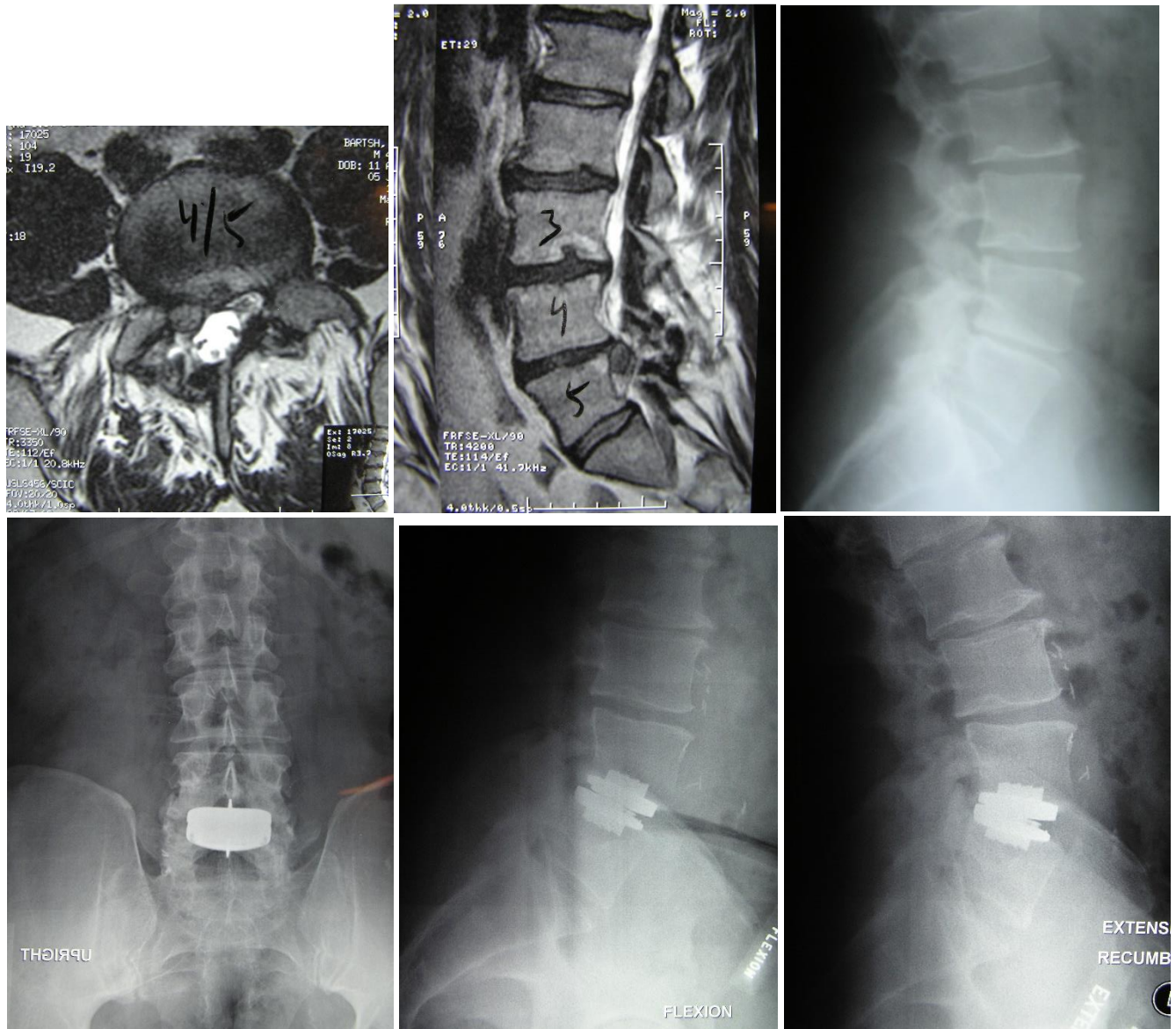


History

45 year old male. January 2003: Low back and right leg pain with lifting 75# feed hopper in turkey barn at work at commercial turkey farm. Right L45 disc herniation, HNP, treated surgically March 2003 by Dr. Buttermann (discectomy). Symptoms recurred due to recurrent HNP and had revision discectomy December 2004 by Dr. Buttermann. New work injury, slip and fall in turkey shed, in July 2008 resulted in recurrent symptoms and 3rd HNP at L45 was found. Non-operative treatment again gave only temporary improvement.

Treatment

Surgery Feb 2009: TDR/decompression L45.



Outcomes at 8 years

ALL improved, and working full time with 60# lifting restriction

Pre-operative: 8.2/10 back VAS pain, 8.5/10 leg VAS pain, 76 ODI

Post-operative: 1.0/10 back VAS pain, 0/10 leg VAS pain, 16 ODI